



J&R Day Camp- Misgav Program Calendar



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 June 21-25	<p>Movement & Nutrition at J&R with Annie & Shawn</p> <p>1ST DAY</p> <p>J&R Activities & Swimming</p>	<p>J&R Activities & Swimming</p> 	<p>Flag Football at J&R with Pgh Flag Football League</p> <p>J&R Activities & Swimming</p>	<p>J&R Activities & Swimming</p> 	<p>Biking at Millvale Riverfront Park With Venture Outdoors</p> <p>J&R Activities & Swimming</p>
Week 2 June 28-July 2	<p>Movement & Nutrition at J&R with Annie & Shawn</p> <p>J&R Activities & Swimming</p>	<p>J&R Activities & Swimming</p> 	<p>STEM Survivor at J&R with Snapology</p> <p>J&R Activities & Swimming</p>	<p>J&R Activities & Swimming</p> 	<p>Setting up Camp at J&R with Venture Outdoors</p> <p>J&R Activities & Swimming</p>
Week 3 July 5-9	<p>CAMP CLOSED</p> 	<p>J&R Activities & Swimming</p> 	<p>COMING SOON- EXCITING NEW PROGRAM</p> <p>J&R Activities & Swimming</p>	<p>J&R Activities & Swimming</p> 	<p>Kayaking at North Park with Venture Outdoors</p> <p>J&R Activities & Swimming</p>

 <p>Week 4 July 12-16</p>	<p>MONDAY</p> <p>Movement & Nutrition at J&R with Annie & Shawn</p> <p>J&R Activities & Swimming</p>	<p>TUESDAY</p> <p>J&R Activities & Swimming</p> 	<p>WEDNESDAY</p> <p>Carnegie Science Center Fab Lab at J&R</p> <p>J&R Activities & Swimming</p>	<p>THURSDAY</p> <p>J&R Activities & Swimming</p> 	<p>FRIDAY</p> <p>Outdoor Cooking at J&R with Venture Outdoors</p> <p>J&R Activities & Swimming</p>
<p>Week 5 July 19-23</p>	<p>Movement & Nutrition at J&R with Annie & Shawn</p> <p>J&R Activities & Swimming</p>	<p>J&R Activities & Swimming</p> 	<p>Paint Monkey at J&R</p> <p>J&R Activities & Swimming</p>	<p>J&R Activities & Swimming</p> 	<p>Fishing at Millvale Riverfront Park With Venture Outdoors</p> <p>J&R Activities & Swimming</p>
<p>Week 6 July 26-30</p>	<p>Movement & Nutrition at J&R with Annie & Shawn</p> <p>J&R Activities & Swimming</p>	<p>J&R Activities & Swimming</p> 	<p>STEM Survivor at J&R with Snapology</p> <p>J&R Activities & Swimming</p>	<p>J&R Activities & Swimming</p> 	<p>Rope & Knot Tying at J&R with Venture Outdoors</p> <p>J&R Activities & Swimming</p>

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 7 August 2-6	Movement & Nutrition at J&R with Annie & Shawn J&R Activities & Swimming	J&R Activities & Swimming 	Spartan Strong at J&R with Steve Manns J&R Activities & Swimming	J&R Activities & Swimming 	Biking at Millvale Riverfront Park with Venture Outdoors J&R Activities & Swimming
Week 8 August 9-13	Movement & Nutrition at J&R with Annie & Shawn J&R Activities & Swimming	J&R Activities & Swimming 	Laser Tag & Gaming Truck at J&R with Steel City Gamerz J&R Activities & Swimming	J&R Activities & Swimming 	First Aid, Map, & Compass at J&R with Venture Outdoors J&R Activities & Swimming
Week 9 August 16-20	Movement & Nutrition at J&R with Annie & Shawn J&R Activities & Swimming	J&R Activities & Swimming 	STEM Survivor at J&R with Snapology J&R Activities & Swimming	J&R Activities & Swimming 	Kayak at Millvale Riverfront Park with Venture Outdoors  J&R Activities & Swimming