





J&R Day Camp- Misgav Program Calendar



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 June 21-25	Movement & Nutrition at J&R with Annie & Shawn 1ST DAY J&R Activities & Swimming	J&R Activities & Swimming 	Flag Football at J&R with Pgh Flag Football League J&R Activities & Swimming	J&R Activities & Swimming 	Biking at Millvale Riverfront Park With Venture Outdoors J&R Activities & Swimming
Week 2 June 28-July 2	Movement & Nutrition at J&R with Annie & Shawn J&R Activities & Swimming	J&R Activities & Swimming 	STEM Survivor at J&R with Snapology J&R Activities & Swimming	J&R Activities & Swimming 	Setting up Camp at J&R with Venture Outdoors J&R Activities & Swimming
Week 3 July 5-9	CAMP CLOSED 	J&R Activities & Swimming 	Videography with Steeltown Film at J&R J&R Activities & Swimming	J&R Activities & Swimming 	Kayaking at North Park with Venture Outdoors J&R Activities & Swimming



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week 4 July 12-16

Movement & Nutrition at J&R with Annie & Shawn

J&R Activities & Swimming

J&R Activities & Swimming



Carnegie Science Center Fab Lab at J&R

J&R Activities & Swimming

J&R Activities & Swimming



Outdoor Cooking at J&R with Venture Outdoors

J&R Activities & Swimming

Week 5 July 19-23

Movement & Nutrition at J&R with Annie & Shawn

J&R Activities & Swimming

J&R Activities & Swimming



Paint Monkey at J&R

J&R Activities & Swimming

J&R Activities & Swimming



Fishing at Millvale Riverfront Park With Venture Outdoors

J&R Activities & Swimming

Week 6 July 26-30

Movement & Nutrition at J&R with Annie & Shawn

J&R Activities & Swimming

J&R Activities & Swimming



STEM Survivor at J&R with Snapology

J&R Activities & Swimming

J&R Activities & Swimming



Rope & Knot Tying at J&R with Venture Outdoors

J&R Activities & Swimming

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 7 August 2-6	Movement & Nutrition at J&R with Annie & Shawn J&R Activities & Swimming	J&R Activities & Swimming 	Spartan Strong at J&R with Steve Manns J&R Activities & Swimming	J&R Activities & Swimming 	Biking at Millvale Riverfront Park with Venture Outdoors J&R Activities & Swimming
Week 8 August 9-13	Movement & Nutrition at J&R with Annie & Shawn J&R Activities & Swimming	J&R Activities & Swimming 	Laser Tag & Gaming Truck at J&R with Steel City Gamerz J&R Activities & Swimming	J&R Activities & Swimming 	First Aid, Map, & Compass at J&R with Venture Outdoors J&R Activities & Swimming
Week 9 August 16-20	Movement & Nutrition at J&R with Annie & Shawn J&R Activities & Swimming	J&R Activities & Swimming 	STEM Survivor at J&R with Snapology J&R Activities & Swimming	J&R Activities & Swimming 	Kayak at Millvale Riverfront Park with Venture Outdoors  J&R Activities & Swimming