















J&R Day Camp 2022 - Misgav



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 June 27-July 1	Flag Football With Pittsburgh Flag Football J&R Activities & Swimming	J&R Activities & Swimming 	J&R Activities & Swimming 	Snapology at J&R J&R Activities & Swimming	Fishing at North Park with Venture Outdoors J&R Activities & Swimming
Week 2 July 4-8	CAMP CLOSED 	LAUREL CAVERNS 	J&R Activities & Swimming 	Ultimate Frisbee with Pittsburgh Ultimate J&R Activities & Swimming	Surviving the Wilderness with Venture Outdoors at J&R J&R Activities & Swimming
Week 3 July 11-15	Team Building & Ropes Course with OA Specialist J&R Activities & Swimming	J&R Activities & Swimming 	J&R Activities & Swimming 	Active with Annie, JCC Personal Trainer J&R Activities & Swimming	Biking at Millvale Riverfront Park with Venture Outdoors J&R Activities & Swimming

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Week 4 July 18-22	Flag Football With Pittsburgh Flag Football J&R Activities & Swimming	KENNYWOOD 	J&R Activities & Swimming 	Water Polo at J&R J&R Activities & Swimming Late Stay at J&R!	Outdoor Cooking with Venture Outdoors at J&R J&R Activities & Swimming
Week 5 July 25-29			J&R Activities & Swimming 	Snapology at J&R J&R Activities & Swimming	Sailing at Moraine State Park with Venture Outdoors J&R Activities & Swimming
Week 6 August 1-5	Paint Monkey at J&R J&R Activities & Swimming	PNC PARK TOUR 	J&R Activities & Swimming 	Science Center Fab Lab at J&R J&R Activities & Swimming	Nature-Based STEM with Venture Outdoors at J&R J&R Activities & Swimming

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<p>Week 7 August 8-12</p>	<p>Spartan Strong with Steve Manns</p> <p>J&R Activities & Swimming</p>	<p>J&R Activities & Swimming</p> 	<p>J&R Activities & Swimming</p> 	<p>Outside the Box Science at J&R</p> <p>J&R Activities & Swimming</p> <p>Overnight at J&R!</p>	<p>Kayaking at Millvale With Venture Outdoors</p> <p>J&R Activities & Swimming</p>
<p>Week 8 August 15-19</p>	<p>Water Polo at J&R</p> <p>J&R Activities & Swimming</p>	<p>CARNEGIE SCIENCE CENTER</p> 	<p>J&R Activities & Swimming</p> 	<p>Misgav Olympics with the Sports Specialist</p> <p>J&R Activities & Swimming</p>	<p>First Aid & Leave No Trace with Venture Outdoors at J&R</p> <p>J&R Activities & Swimming</p>