



Mind & Body Specialist SUMMER 2024

Desired Qualifications

- Education, certification, or extensive knowledge of mindfulness and wellness.
- Ability to set up demonstration area and program, and to teach skills to staff and campers ages 5-14
- Desire and willingness to work with children
- Ability to accept guidance and supervision
- Good character, integrity, and adaptability
- 18 years of age or older

Responsible to: *Sports and Wellness Coordinator*

General Responsibility

To encourage campers' growth and skill development within the Zen studio through mindful and meaningful programming

Specific Responsibilities

- Be available for 5 hours of remote pre-camp planning in May and June
- Participate in Staff Week June 17-21, 2024
- Actively participate in staff trainings and meetings
- Assist in conducting initial and end-of-season inventory
- Prepare lesson plans a week in advance and review with the Sports and Wellness Coordinator to ensure materials needed are available, aspirational arcs are being set, and activities are age appropriate
- Implement creative weekly lesson plans by unit and age group for Mind and Body that are infused with the Jewish value (middah) of the week
- Prepare for and lead week-long *chugim (club)* for 3rd-8th grade campers throughout the summer
- Be responsible for daily opening and closing procedures in the Zen Den
- Responsible for organization of all Mind and Body materials
- Assist in shut down procedures and packing all materials and supplies at end of season
- Must attend and plan for at least one after camp extra programming (late stay or overnight) – additional compensation provided
- Be a positive, contributing member of the specialist team

Additional Responsibilities

- Set a good example for campers including cleanliness, punctuality, sharing cleanup and chores, and sportsmanship
- Follow camp rules and regulations
- Encourage respect for personal property, camp equipment and facilities.
- Manage personal time off in accordance with camp policy.
- Additional responsibilities as assigned

**Compensation:**

- \$3,000 – \$4,500 depending on experience

Bonuses: In order to be eligible for any bonus you must work a minimum of 6 weeks

- \$700 bonus if you miss 10% of days or less of contracted time to work, age 18+
- \$250 All Star bonus
- \$250 bonus if you refer a friend to work at camp
- Bonuses will be awarded in final paycheck – at the discretion of the camp director

Perks:

- Free JCC membership during time of employment
- 5 guest passes to bring friends and family to use the facility (includes gym, pool, outdoor park)
- Lunch and snacks provided every day
- 30 minute daily break
- Camp t-shirt/tank top provided to wear every day of the week
- Staff appreciation throughout the summer
- Surprise swag given throughout the summer
- End of summer social
- Hump Day Dunkin Donuts every Wednesday
- Shabbat bagel breakfast every Friday

Who We Are

J&R Day Camp is located in Monroeville, PA. Owned and operated by the Jewish Community Center of Greater Pittsburgh, J&R is a co-ed day camp with an emphasis on teambuilding, developing positive values, independence and premiere programming and activities. Our child-centered environment focuses on creating community and enriching the lives of our campers, families and staff. We serve children ages 5-14 through meaningful experiences that focus on building connections, teaching values, fostering individual growth and having fun. The JCC Day Camp experience supports, nourishes and sustains our campers, families and staff. We are professionals who have chosen to make a difference.

J&R Day Camp is open and accessible to everyone, regardless of age, race, religion, national origin, sexual orientation, gender identity, gender expression or special need by welcoming individuals of all backgrounds, embracing their uniqueness and diversity under our communal tent.

J&R Day Camp strives to create connections among campers, families and staff. We grow our campers through the lens of strong Jewish values and morals. Our facilities and experiences create an atmosphere of safety and fun for each person involved.

To apply: <https://jccpgh.campintouch.com/ui/forms/application/staff/App>

For more information, visit our website at www.jccpghdaycamps.com